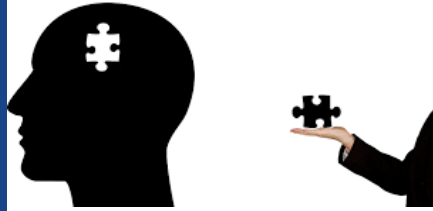


### Look after your mental health



Mental Health Awareness Week 2020 coincides with a time of heightened anxiety for everyone. In controlled schools Governors, Principals and teaching and non-teaching staff are adjusting to and navigating an educational landscape no one would have envisaged a relatively short time ago due to COVID-19. CSSC has collated a number of helpful resources which you can access [here](#).



### Bike art challenge, VE Day celebrations and pirates!

Staff and pupils at Cooley Primary School and Nursery Unit, Sixmilecross have been displaying their creative flair during the Coronavirus COVID-19 lockdown. Read about their bike art challenge, how they have been designing medals for VE Day and designing their own pirate ships [here](#).



### Remote learning practice and achievement

Belvoir Park Primary School Year 1 pupils enjoy learning new topics through this week's rainbows theme. Meanwhile Year 2 pupils focused on their farm topic engaging in learning tasks remotely with parental support. [Find out more](#).



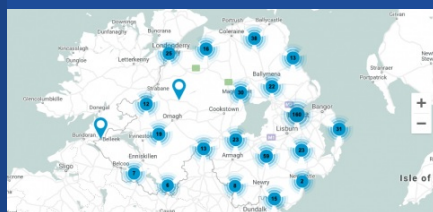
### Let's play!

Play is both fun and educational and is essential for children's well-being, helping them build resilience and cope with stress. PlayBoard NI has shared lots of fun suggestions for kids to [#PlayAtHome](#). [Go to PlayBoard NI](#)



### Science at home

The Royal Society continues to support teachers during this challenging time and has collated a number of resources, that can be shared with parents. Many of the links are to lectures and videos that students may want to take their time to explore. [Resources are free to download](#)



### Find your school support officer

You can find your CSSC school support officer through our [interactive map](#). Please get in touch if you have anything you wish to discuss, or we can support in any way.

If you have any trouble seeing this email, or if we can help with any issues, please don't hesitate to phone us on 028 9531 3030 or send us [an email](#)

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