

Student Voice across KJHS

Well-Being Ambassadors

Through-out the year 2017/18 our school, Killicomaine Junior High, wanted to focus on pupil mental health and resilience. A group of interested young people came together and formed a group called Well-being Ambassadors. We all want to promote well-being across the school and have student voice involved.

Our aim is to improve the mental health of our school and to make sure everyone knows there is someone to talk to as we work as one school family. We also want to ensure that students at KJHS help to keep our PD curriculum up to date and relevant to us.

We attended Craigavon Civic Centre in November 2017 for a Mental Health event across all schools in the Craigavon Area Learning Community. From this we took back ideas for promoting good mental health for all our pupils.

We work alongside our Vice Principal, Mrs Murphy and have organised events and competitions on themes such as anti-bullying, anti-racism and RAOK (random acts of kindness) We have also organised year group events. Year 10 focused on improving exam performance and GCSE options. To facilitate this, we selected an external organisation and we picked Amazing Brains. We also invited Teresa Burke to speak to Year 9 about the impact of drugs on her family and the subsequent loss of her son to drug misuse.

In April we returned to Craigavon Civic Centre to give a presentation of the ideas we had come up with and the events we had organised. This presentation was in front of all the schools across Craigavon Area Learning Community-CALC

Our work continues thus year too. So far this year we are working on RESPECT at school as part of Anti-Bullying week. We have themes for each month which our Year Heads highlight, and we promote them too. October was our giving theme, December friendship and March is our Mental Health March and we are planning events already!

Recently we booked a theatre visit from the Lyric Theatre. The Blackout Play had a powerful message aimed at helping pupils to make better life choices. We maxed out the seating but still had some disappointed classes that we just couldn't squeeze into the hall. Another event will have to be planned! Our audience who were glued to the play and asked plenty of relevant questions during the q/a session .

Check out our Facebook page to keep updated on our work and the other activities in school as we continue to fulfil our school mission:

Working together for excellence in a caring community

Well Being Ambassadors Scarlett Baxter and Ellie Eakin and Mrs Murphy

<https://www.facebook.com/KillicomaineJHS>



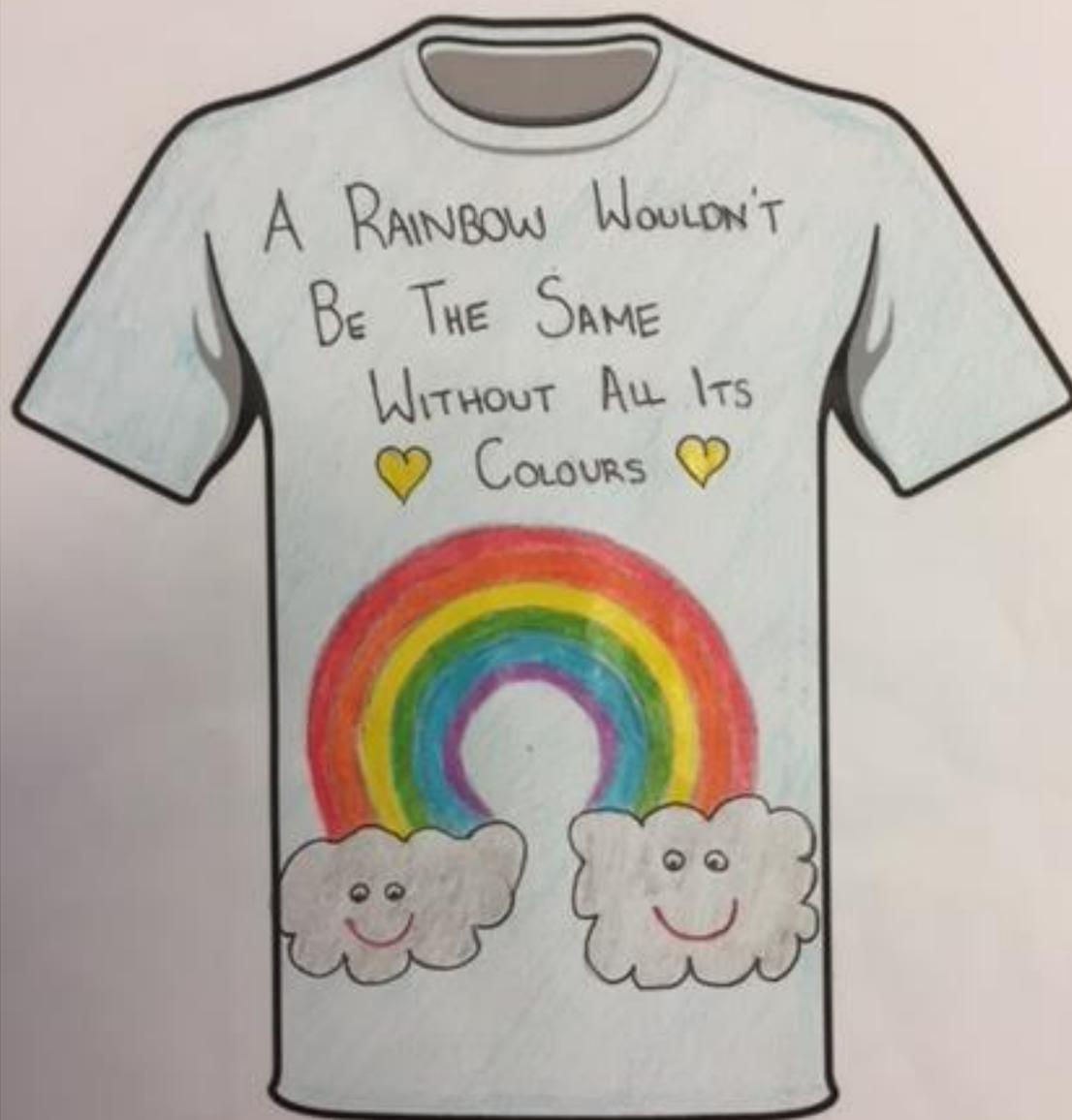


lyric theatre visit





We contact the agencies and submit ideas to Mrs Murphy



We run whole school competitions



We promote messages and ask pupils to show support in their form rooms.



Amazing Brains with Year 10 pupils focussed on exam pressure, preparation and subject choices .

For our Year 9 pupils we organised a Drugs Talk from Teresa Burke and we led a workshop to gather pupil views. We introduced the event to a hall of 200 pupils



Working Together for Excellence in a Caring Community

Working Together

Excellence

Caring





The workshop that we organised.

